Diocèse de
Hearst-Moosonee

INTER PAR

November 8, 2026

During the month of November

Visit your cemeteries, pray for the saints whom we know and whom we are discovering



Around thirty people gathered at the Notre-Dame-des-Victoires parish hall in Kapuskasing last Saturday, on Halloween, not to share sweets but to listen to Bishop Tremblay, O.M.I. share with us his insights and reflections on a feast day that is still observed today: All Saints' Day, celebrated on 1 November.

A day of spiritual renewal, just like that, quite by chance, to remind us that death is not the end of everything and that life is worth living, not for one's own sake, but directed towards another time beyond time, in a space beyond space. He also reminded us of the dignity of life. Every life deserves to be lived to the very end. Similarly, in response to a question about medical assistance in dying, he reminded us that it is not our role to judge or condemn, but to adopt an attitude of compassion and acceptance. Once the decision has been made, it is no longer the time for lecturing or moralising, but simply for acceptance, support and to journey with the dying and their family.

He also invites us, during the month of November, to visit the cemeteries where our loved ones are laid to rest. Just a quick visit before winter sets in.

In the words of one participant, 'The Bishop led a most refreshing day of spiritual renewal … (yes! Even on the theme of death and our departed loved ones)… a few hours of reflection that raised plenty of questions, but offered 'highly relevant' possible answers, with an open mind and without judgement… it is up to each of us to take responsibility for our own choices… to give just one example: faced with all these obsessive messages that bombard us incessantly, I choose to hold on to hope and trust in this ('good') world and in Providence (as our departed parents used to say), whilst remaining very attentive and vigilant to all these remarks, in fellowship with my family, my friends and my community … rather than choosing to live in my own little bubble and letting it become an obsession. Alleluia! Thank you, Bishop! »

According to another participant, 'Bishop Tremblay had also prepared cards featuring lesser-known saints, such as Methodius, Cyril and Lucy. We also had the chance to name saints who were less familiar to others, such as Saint Lucian, Saint Expeditus, Saint Dymphna, etc. He reminded us that All Saints' Day is precisely for honouring and praying to these lesser-known saints!"



Diocese of Hearst-Moosonee
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Established in 1973, the **Inter-Par** now reaches out to people in over 30 communities across Northern Ontario and beyond.
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