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27th Sunday in Ordinary Time • Year A • October 4, 2026

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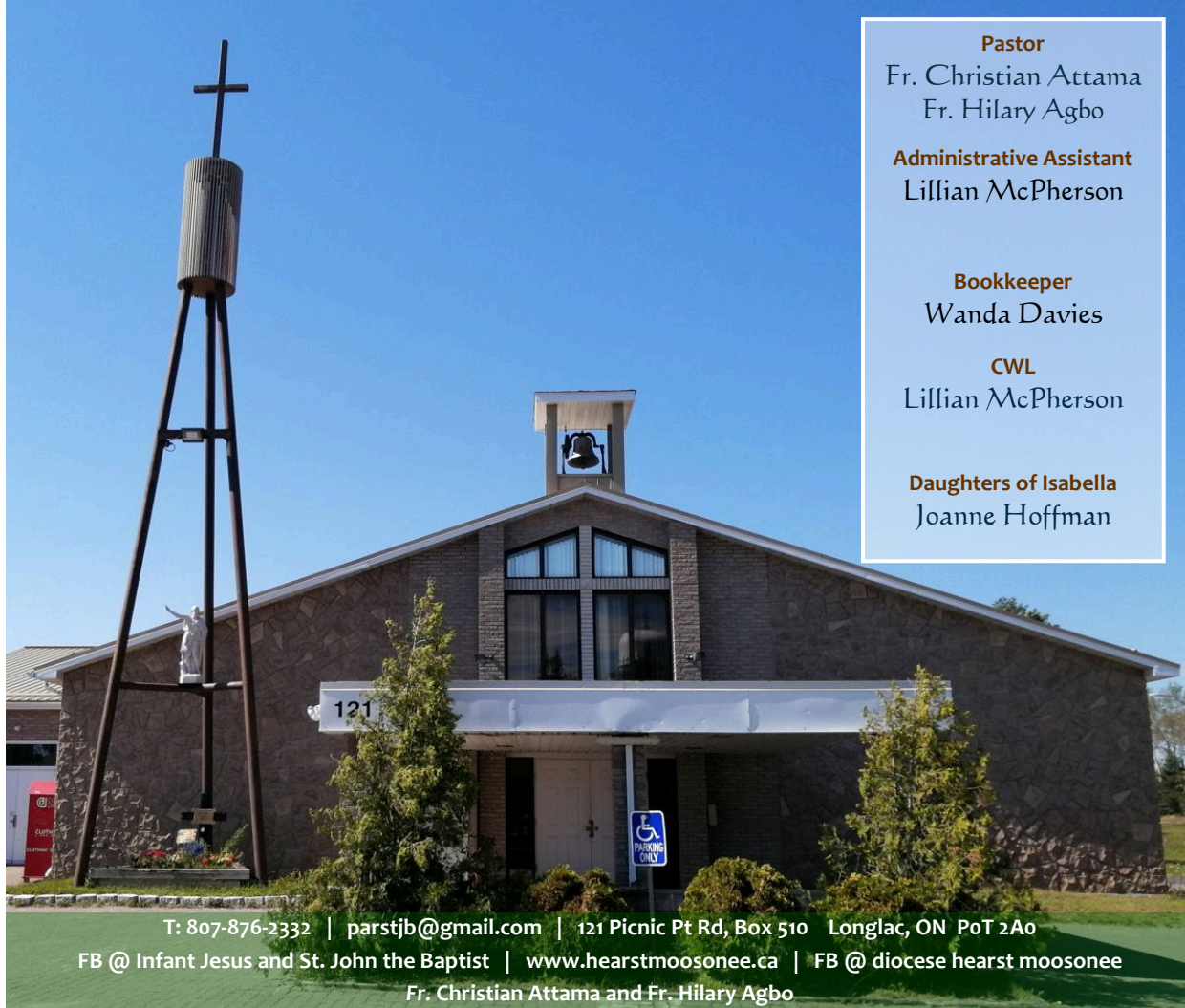
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FB @ Infant Jesus and St. John the Baptist | www.hearstmoosonee.ca | FB @ diocese hearst moosonee
Fr. Christian Attama and Fr. Hilary Agbo

Sunday School

Sunday School every week during the Sunday morning Mass. Children under the age of 3 must be accompanied by an adult. Spread the word.

Mass Schedule & Prayer Intentions				
Sat.	3	5 :00	Ray Bolduc Doris Bolduc Yvon Roy Funeral Collection Germain Bolduc Sherri and Blair Nygren	
Sun.	4	9 :30	CWL CWL Members Pearl Desjardins Judy Simpson Vel Baillargeon Funeral Collection	
	IJ	11 :00	Mary-Jo Desmoulin Funeral Collection	
Fri.	9	10 :00	Pro Populo Your Priest	
Sat.	10	5 :00	Bernard Echobu Okoh Doris Bolduc Gisèle Beaudoin René and Cécile Matte Yvon Rossignol Richard and Lucille Saindon	
Sun.	11	9: 30	Cécile Gagnon Marilyn and Claude Morrisette Monique Picard Linda and JK Budge Jonathon Bouchard Funeral Collection	
	IJ	11 :00	Preston Towegishig Funeral Collection	

Weekly Income
(Sept. 27, 2026)
Sunday Collection. \$651.00
Candles..... \$32.00
Diocesan Levy..... \$50.00
LWC/Prions..... \$8.50
Needs of the Church of Canada.....\$115.00

Sanctuary Lamp by

Doris Bolduc

Announcements
Infant Jesus Mass Until further notice, Infant Jesus Mass will be held at 11:00 am on Sunday at St. John the Baptist Parish.
Parish Garage Sale We will have a Parish Garage Sale on Friday, Oct. 23 rd 3-5 and Saturday, Oct. 24 th 10-2. Lots of Christmas, and winter items!

WORLD MENTAL HEALTH DAY 2026

LIVED EXPERIENCES HEARD: REAL VOICES, REAL CHANGE



World Mental Health Day is an international awareness day dedicated to issues related to mental health. Its purpose is to inform the general public, combat the stigma surrounding mental illness, and promote access to care. It offers an opportunity for health organizations, governments, and associations to highlight both the challenges and the progress made in this field.

Origins of the Day

Established in 1992 by the World Federation for Mental Health (WFMH), the day has been supported from the beginning by the World Health Organization (WHO). It is observed every year on October 10 and serves as a key moment to raise awareness about mental health conditions and their treatment. Initially, its main goal was to encourage the exchange of information among professionals. Over time, its impact has broadened to include public awareness campaigns aimed at the general population.

Purpose of the Day

One of the main objectives of this day is to promote a better understanding of mental health disorders and to fight against the prejudices that surround them. It also aims to encourage governments to invest more in mental health infrastructure and services. Each year, a specific theme is chosen to highlight a particular aspect of mental health, such as suicide prevention, workplace wellbeing, or access to care for all.

Key Facts

- According to the WHO, nearly one billion people worldwide live with a mental health disorder.
- Depression is one of the leading causes of disability globally.
- Less than half of people with mental health conditions receive adequate treatment.
- Each year, around 700,000 people die by suicide, making it one of the leading causes of death in certain age groups.
- The COVID 19 pandemic led to a significant increase in anxiety and depressive disorders, highlighting the urgent need to strengthen mental health services.

Activities Surrounding the Day

Many initiatives are organized to mark the occasion, ranging from conferences and public discussions to awareness campaigns on social media. Health institutions, associations, and businesses take part in prevention and information efforts, such as free screenings, patient testimonies, and training sessions for professionals. In some countries, iconic landmarks are illuminated in green, the symbolic color of mental health. Media outlets also play a key role by sharing personal stories and highlighting solutions to improve the care and support of people living with mental health challenges